



### A Big Thank you!

Thank you everyone for all your hard work, this year. Your dedication has made such a huge difference to your pupils. We really value your efforts and look forward to working with you all back in September. We hope you have an amazing summer!

Many thanks, again.

Kim and Kirsty! :)

### Useful Teaching Resources

Drake Music have released their new inclusive resources which are free! You can find them by following this link:

<https://www.drakemusic.org/learning/resources-for-music-education/>

### Training Opportunities

⇒ Feel free to check out some of these e-Learning courses from the National Autistic Society: [National Autistic Society e-Learning](#). Just click the link. Some of the courses are free of charge.

### Song Choice from Kirsty-Tarantella by Luigi Ricci



I have had so much fun this Term exploring this traditional song and dance in my settings. We have created our own dance (moving in a circle, tapping knees 7x, calling out HEY, repeating, then copying drumming patterns or actions). I have also has some classes compose lyrics, explore hand percussion, and create drum patterns to the different repeated sections of the song. The Spider story which accompanies the traditional history of the song has also been interesting to explore with some groups.

### A Little Bit of Mindfulness

## Hello July

- Just be you, because you are
- Unique, worthy and amazing
- Live every day to the fullest as
- You deserve all the good in life



OurMindfulLife.com

### Happy News Corner!

- ⇒ Please see the next page for an update about what Geoffa's PhD was about. Again, many congratulations Geoffa.
- ⇒ Andrew has successfully moved house to Bedfordshire and is now trying to find which box he put everything in.
- ⇒ Similarly, Kim has successfully moved into her new home. She is equally lost in boxes.



## All about Geoffa's PhD

Last term, we congratulated Geoffa on their PhD entitled 'Sounding Equality'. Here, we wanted to share what it was all about:

*My PhD has been about exploring what I \*need\* from my art making rather than feeling the pressure to create what I and others have said I \*should\* be creating in order to give myself as a neurodiverse, disabled person and the people I am work with radically inclusive access to new music making/performance. I have been researching how social connection, play, movement, sensory spaces, nature, and meditation - techniques that are well researched in their capacity to calm the nervous system, can be diversified and explored as modes of creation, as well as how these elements have informed existing works (ie Meredith Monk and Pauline Oliveros). If I need to go swimming to regulate for example, I will use phenomenology and/or sound recordings and my daydreaming practice to bring elements of the experience into my music writing. Some pieces I have written have included meditation, others have included tactile and regulating ways of performing music including swimming pools, ball pits, sensory lights and projections and shadow puppetry. I often score music on something that scaffolds a 'world' - a score can also be a language, a currency, part of a sensory artwork, a tattoo for myself or notation that is printed in reverse on clothing so that it is read by the musician via a mirror - performing and musicking as part of a world is much more exciting and inclusive than being a performer on a stage being looked at by an audience and my work blurs the roles of who is audience, maker and performer, everyone is usually all of these things all of the time.*

Here is the piece I wrote while I was composer in residence at MATRIX Centre for New Music in Belgium last year. <https://www.youtube.com/watch?v=NbHvwsrZypl&t=505s>

## A Message from Kirsty.



A big hello from Down Under!! I hope you are all looking forward to the UK Summer Break. My family and I have settled into Western Australian life and are enjoying the sunny weather. I am back to teaching and am working in different SEN/D settings and a Steiner School in Perth and really enjoying the variety in my roles. We are very lucky to have a new member to the family: little Puppy Benny. He is full of beans and lots of fun. Have a lovely holiday and I will catch you online soon.